

Lunch Menu

(Available from 11.30)

Salads

Traditional Caesar Salad	11.5
cos lettuce, shaved parmesan, bacon bits, garlic croutons & anchovies tossed in caesar dressing	
poached egg	add 1.0
grilled chicken breast fillet	add 2.5
Greek Salad	12.5
rocket & coral lettuce, red onion, cucumber, feta, olives, roasted capsicum in basil dressing	
with grilled chicken	add 2.5
Spoons Tuna Salad	13.5
tuna, capsicum, cucumber, spanish onion, tomato, olives, rocket & coral leaves, tossed in balsamic dressing topped with a poached egg	
Grilled Chicken Salad	15.5
grilled chicken, vine ripened tomatoes, rocket & coral lettuce, spinach, mediterranean roast vegetables, feta & semi-dried tomatoes in basil dressing	
Soy & Sesame Chicken Salad	16.5
grilled soy & honey marinated chicken thigh fillet, julienne of vegetables & cabbage dressed in tamarind & sesame on crunchy iceberg lettuce	
Salt & Pepper Squid Salad	16.5
julienne of vegetables, iceberg lettuce in chilli & lime dressing	
Grilled Atlantic Salmon Salad	18.5
rocket, spinach, coral lettuce, roast spanish onion, feta cheese, semi-dried tomatoes & asparagus, seeded mustard dressing, topped with crispy skinned grilled salmon	

Burgers

Bacon & Egg Burger	9.5
lettuce, tomato, grilled onion, mayo & barbeque sauce on wood fired ciabatta	
Vegetarian Haloumi Burger	10.5
char-grilled vegetables, rocket & grilled haloumi cheese on wood fired ciabatta	
Spoons Cheese Burger	12.5
160 grams of pure beef pattie, grilled onion, lettuce, tomato & BBQ sauce on turkish bread	
Grilled Steak Sandwich	13.5
Rocket lettuce, beet root, tartare sauce, onions on toasted foccacia	
Curried Coconut Chicken Burger	14.0
asian style coleslaw, baby cos lettuce & chilli jam on turkish bread	

